



# AMERICAN MUSHROOM INSTITUTE

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## MEMBER MEMO

Dear Members,

Please be advised that mushrooms are, under the authority of FDA, gluten-free. Unless a mushroom producer is producing other relevant allergen-containing products, no mushroom production operation is restricted from labeling its products "gluten free."

FDA Federal Register Publication 08/05/2013

Legal authority: Consistent with section 206 of FALCPA and sections 403(a)(1), 201(n), and 701(a) of the FD&C Act (21 U.S.C. 343(a)(1), 321(n), and 371(a), respectively), we are issuing requirements for the use of the term "gluten free" for voluntary use in the labeling of foods.

### Major Provisions of the Rule

The final rule defines and sets conditions on the use of the term "gluten-free" in foods, including:

- Foods that inherently do not contain gluten (e.g., raw carrots or grapefruit juice) may use the "gluten-free" claim.

Sincerely,

A handwritten signature in purple ink, appearing to read "R. Roberts", with a long horizontal flourish extending to the right.

Rachel Roberts, MSS, MLSP  
President